



Tony Abbatine

Dedicated performance coach with 20+ years of success working with top athletes, teams, and coaches. Experienced presenter, with a multi-level approach to performance issues.

EDUCATION

Bachelor of Arts, Social Science,
University of Buffalo

Juris Doctor, Pace University

Certified Open Focus Trainer,
Dr. Les Fehmi, PhD

AUTHOR

Beyond the Ball; The Visual and Emotional Habits of High Performers
Outskirts Press 2021.

BASEBALL AMERICA

COLUMNIST 2018 - Present

Research and publication of a monthly column covering the latest topics in sports performance.

TEACHING

MANHATTANVILLE COLLEGE

ADJUNCT PROFESSOR
2020 - 2022

Developed curriculum for Sports Psychology courses covering all topics and performance issues related to mental skills training. Facilitated lectures for classrooms of 35 plus students and individual teams.

ST. THOMAS AQUINAS COLLEGE
2018 - 2020

ADJUNCT PROFESSOR

Developed curriculum for Sports Psychology courses covering all topics and performance issues related to mental skills training. Facilitated lectures for classrooms of 35 plus students and individual teams.

Work Experience

FROZEN ROPES BASEBALL COMPANY 2005 - Present

DIRECTOR OF PERFORMANCE

Oversees the content and integration of athletic performance and player development issues for locations across the U.S.

NCAA 2005 - Present

PERFORMANCE ENHANCEMENT CONSULTANT

Provide consulting to major US universities, covering mental skills, visual psychology, and vision training. Classroom and on-field work with baseball and softball coaches and players in compliance with NCAA rules.

Colleges including: University of Arizona, UCLA, Alabama, Clemson, LSU, University of Texas, University of South Carolina, University of South Florida, and West Point.

TEAM USA OLYMPIC SOFTBALL NATIONAL TEAM 2015-2021

PERFORMANCE COACH

On field training and scouting support to coaches and players in the area of mental skills and visual search strategies.

MLB 2001 - Present

PERFORMANCE CONSULTANT, *Mental-Visual Skills*

Contracted to provide support related to vision and mental skills to players and coaching staff for MLB teams including the New York Mets, New York Yankees, Boston Red Sox, LA Dodgers, Colorado Rockies, Pittsburgh Pirates, Texas Rangers and the Seattle, Mariners.

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